



Granola

Ingredients

2 cups puffed quinoa
2 cups coconut flakes
1 cup almonds, chopped
1-2 cups of mixed nuts - I like pecan,
walnuts, macadamia or brazil
½ cup sunflower seeds
½ cup pumpkin seeds
½ cup chia seeds
¼ cup linseed
1 cup dried cranberries
½ cup dried gogi berries

Directions

Everything can be changed quantity wise or swapped/
left out.

I toast nuts, seeds and coconut separately on a baking
paper lined baking sheet, at 160C for approximately
7-8 mins, giving them a shake/stir at half way mark.

Coconut flakes cook quicker, but need to be completely
dry.

Combine the mix, once cooled, and it will store
for months in a Tupperware container.

This makes over 10 cups ... you can easily cut recipe in half or 1/4

